

GLS / C / 862 -24

CIRCULAR

28 August 2024

Reversing Diabetes, Obesity & Lifestyle Disorders

Dear Parent,

As part of our GEMS Family First initiative, we are pleased to invite you to an insightful session with **Dr. Pramod Tripathi**, the esteemed Founder of Freedom from Diabetes Pvt Ltd and the Freedom from Diabetes Research Foundation. Dr. Tripathi will be addressing our school community on the topic '**Reversing Diabetes, Obesity & Lifestyle Disorders**' on **Friday, 13th September 2024**, from **9:00 a.m. to 10:00 a.m.** at the **GLS Primary Campus Auditorium**.

Dr. Pramod Tripathi has made extraordinary strides in the field of health and wellness, particularly in reversing chronic conditions through lifestyle changes. His work has led to over 15,000 individuals being freed from insulin, diabetes medications, or both. Additionally, several thousands of people have been liberated from cholesterol, blood pressure, and hypertension medication. These remarkable results underscore Dr. Tripathi's commitment to empowering individuals to reclaim their health naturally.

This session promises to be both informative and transformative, offering practical advice that could positively impact your family's health and well-being. **Please note that registration is free of charge, but seats are limited to 300, so we encourage you to register as soon as possible to secure your spot. The deadline to register is 6th September 2024.** We request those interested to register through this link [Health & Wellness Event Registration: Dr. Pramod Tripathi's Session @GLS](#)

The health and well-being of our staff, students, and parents is a top priority at GLS, and we believe this session could make a significant impact on your lives. Please do not miss this opportunity to gain valuable knowledge and take a step towards a healthier future for you and your family.

We look forward to seeing you there!

Warm regards,



Asha Alexander

Principal

Executive Leader - Climate Change

آشا ألكسندر

مديرة المدرسة

الرئيس التنفيذي - تغير المناخ



Join a 1 hour session on
**Reversing Diabetes,
Obesity & Lifestyle Disorders**



Friday, 13th Sept – 9 - 10 AM



Dr. Pramod Tripathi

Founder, Freedom from Diabetes

Learn about

- 7 Causes of Diabetes and Lifestyle Disorders
- Reversal Secrets
- Q and A



GEMS Legacy School
Primary Campus,
Near GGICO Metro Station,
Al Garhoud