

GLS/C/917-24

CIRCULAR

29 October 2024

GEMS Legacy School awarded the Wellbeing Award for Schools (WAS)

Dear Parents,

In line with the UAE's National Agenda for Wellbeing, we are thrilled to share the exciting news of our school being awarded the Wellbeing Award for Schools (WAS) from Optimus Education for our commitment to fostering emotional well-being and mental health within our school community.

Amongst the many strengths noted by the jury, the most evident were the use of the **Komodo Wellbeing tool** which the School uses to track students' emotional health every month, and to intervene if appropriate (e.g. the **sleep awareness and improvement programme in the middle school**), the use of **PERMA-H** to plan and organise the emotional and mental health experiences, the **integration of a mental health curriculum** into science, the use of **assertive mentoring** to improve students outcomes, the **immersive classroom**, the **Open Door** policy for parents which has resulted in more than 5,000 **parental visits to school** every year to observe lessons and provide their feedback, the **'Bright Sparks'** initiative to encourage potential leaders amongst the staff, the **Best Buddies** initiative and the **HOPE programme**.

This phenomenal success would not have been possible without your unwavering support, and we would like to extend our sincere gratitude to each one of you. The outstanding partnership with parents has been an integral part of our school's growth in many ways. It highlights your efforts to create a positive learning environment where students can thrive and feel valued. Your active engagement plays a crucial role in our students' success and overall wellbeing, whether it is attending events, volunteering your time, observing lessons, providing feedback, completing surveys or simply encouraging your children in their learning journey.

With your assistance, we have been able to implement various programs and initiatives that enhance the learning environment and promote a culture of kindness and resilience among our students. Together, we have been able to build a strong foundation for our children's wellbeing and nurture holistic development.

Thank you once again for your dedication and support. We look forward to further strengthening our parent partnerships with the purpose of drawing out the very best from every student under our care.

Please find appended the WAS Award certificate.

Congratulations to the entire GLS community.

Warm regards,



Asha Alexander
Principal

أشا ألكسندر
مديرة المدرسة

Executive Leader - Climate Change الرئيس التنفيذي - تغير المناخ

WAS

promoting
emotional
wellbeing
and positive
mental
health

in partnership with



AwardPlace

GEMS LEGACY SCHOOL

has been awarded

The Wellbeing Award for Schools

A National Standard for Positive Mental Health
and Emotional Wellbeing

Date of issue: 14 OCTOBER 2024

Expires: 14 OCTOBER 2027



Steph Reynolds

Managing Director, Optimus Education



Anna Feuchtwang

Chief Executive, NCB