

GLS/C/971-25

CIRCULAR

30 January 2025

BLOOD DONATION DRIVE by Dubai Health Authorities

Dear Parents,

We are pleased to inform you that the Dubai Health Authorities are organizing a Blood Donation Drive, and our school is proud to be a part of this noble initiative. Blood donation is a simple yet impactful way to contribute to the well-being of our community, and we strongly encourage parents to participate.

Dates: The campaign is scheduled to take place on 10th February 2025 and 11th February 2025.

Location: Dubai Health Authority Headquarter, Sheikh Ahmed Square, Oud Metha Road, Al Jaddaf, Next to Enoc Petrol Station. <https://goo.gl/maps/DedG8SkesJSSsxKr6>.

Contact number: 800 60

In line with “Dubai Paperless Strategy”, it is **mandatory** to fill the DHQ by using **Dubai Health App**. The steps to register for this drive are appended at the end of this circular.

Before you proceed with your blood donation, we kindly request you to review all the essential information provided by government authorities through this link: [Important Information-BLOOD DONATION DRIVE.pdf](#)

Certain Eligibility Criteria are as follows:

- **Donor Identification:** Blood donor must carry their **valid Emirates ID/ GCC Id for GCC Nationals** for the donation
- **Age:** 18 – 65 years.
- **Body weight:** 50 Kg and above. The minimum weight of donors between 18 to 21 years age must be 55 kg.
- **Sleep:** At least 6 hours night sleep
- **Diet:** Eat healthy food and plenty of liquids before donation. Avoid fatty foods at least 12 hours before donation.
- **Travel:** Persons who have returned from Malaria and Dengue endemic countries are not eligible to donate for 30 days. (List of countries attached).
- **Permanently ineligible** if donor has,
 - Major health problems
 - Diseases which can be transmitted through blood transfusion
 - History of malaria,
 - History of Jaundice after the 11th birthday.
- **Temporarily ineligible for 6 months** if donor has,
 - Received blood or blood products.
 - Major surgery
 - Dengue fever
- **Additional eligibility criterion:**
 - Blood donor should be in good general health condition at the time of blood donation.
 - Cannot donate for 7 days if there are symptoms of flu.
 - It is not recommended for pregnant and lactating women to donate blood
 - Medication and other criteria will be checked by the screening staff nurse to finally accept a donor for the donation
- **Kindly refrain from posting any videos, posters, photos, content etc.**
- **Activities besides donating blood are not permitted in the premises of Dubai Blood donation Centre.**

We encourage all eligible parents to participate in this noble cause. Your contribution can help save lives and make a significant difference.

Thank you for your support and cooperation.

Warm regards,



Asha Alexander أشا ألكسندر

Principal مديرة المدرسة

Executive Leader - Climate Change الرئيس التنفيذي - تغير المناخ

Donate Blood with DAMMI in the Dubai Health app

A service that reduces your blood donation journey by 20 minutes

STEP 1



Download the Dubai Health app

STEP 2



Select DAMMI - Blood Donation

STEP 3



Select Make a Blood Donation

STEP 4



Enter your phone number and complete the questionnaire.

STEP 5



Once submitted, you will receive a QR code to donate blood. (Valid for 24 hours)
Please show the QR code to the registration staff.

كيفية الوصول إلى خدمة دمي في تطبيق دبي الصحة

تقلل خدمة دمي عبر التطبيق 20 دقيقة من وقت الخدمة الفعلي

الخطوة 2



قم باختيار خدمة دمي - تبرع بالدم

الخطوة 1



قم بتحميل تطبيق دبي الصحة

الخطوة 4



قم بإدخال رقم هاتفك وأبدأ بملي الاستبيان

الخطوة 3



قم باختيار - تبرع بالدم اليوم

الخطوة 5



عند الانتهاء، ستحصل على رمز الاستجابة السريعة للتبرع بالدم (صلاحية الرمز 24 ساعة)
يرجى إظهار رمز الاستجابة السريعة لموظفي التسجيل